



SCHEDULE

OCTOBER, 13 – THURSDAY

UNICAMP

08h30 – 10h

Registration

Venue: Centro de Convenções da Unicamp

10h – 10h30

Opening ceremony

Venue: Centro de Convenções da Unicamp

10h30 – 12h

Inaugural Conference: “Connecting differences”

Renato Janine Ribeiro, Ph.D. (FFLCH/USP - Brazil)

Moderator: Dra. Laurita Marconi Schiavon (FEF/Unicamp - Brazil)

Venue: Centro de Convenções da Unicamp

12h – 13h30

Break

13h30 – 15h

Poster and video session

Venue: Salas de aula da Faculdade de Educação Física da Unicamp

15h – 15h30

Coffee Break and **Photograph session**

15h30 – 17h

Poster and video session

Venue: Salas de aula da Faculdade de Educação Física da Unicamp

17h – 19h

Transfer from Unicamp to Sesc

SESC

19h – 20h

Book launch

Venue: Corredor do Galpão Multiuso

20h – 21h30

Opening Festival

Gymnastics for All performances developed by long-standing groups that have a long history of practice, research and dissemination of this practice.

Venue: Galpão Multiuso

21h30
End of activities

OCTOBER,14 – FRIDAY

09h – 12h

UNICAMP **Workshops**

Workshop 1 – The step-by-step of Gymnastics: Gymnastics Fundamentals - intermediate level

Flavio Bessi (University of Freiburg - Germany)

Key Gymnastics moves and positions. Pedagogical approach to develop intermediate gymnastic elements (front handspring, back handspring, flips and others). Recommended for people who have a Gymnastics background.

Venue: Labfef – GA

Workshop 2 – Gymnastics for All: FOR ALL!

Cindy Bickman (Chattooga Gymnastics & Dance - United States of America)

Practice of Gymnastics for All for people with disabilities, with the participation of their family members. Explore potential skills of children, teens and adults with disabilities.

Venue: Labfef – Sala de Lutas

Workshop 3 – Playing with Gymnastics: Gymnastics for All for babies and children from 10 months to 5 years of age

Paulo Barata (Portuguese Gymnastics Federation - Portugal)

Moving and learning in a group can be fun! This workshop shares a childrecentered approach based on motor skills with key activities intended to foster children's health and social skills. It can be adapted to each development phase of children from 10 to 60 months of age by using a combination of Fundamental Movement Patterns and Gymnastics motor skills and the Rudolf Laban methodology.

Venue: Ginásio – QC3

Workshop 4 – Gymnastics for All in the United States – past and present

Lori Laznovsky (United States of America)

Two-hour theoretical course – It will approach GfA as it developed in the United States, focusing on SOKOL activities in that country since the beginning of the 20th century. It will also focus on GfA programs developed by the American Gymnastics Federation today.

Venue: Centro de Convenções da Unicamp

Workshop 5 – Use of alternative materials in Gymnastics for All

Elizabeth Paoliello (Gymnastics Research Group - FEF/Unicamp - Brazil)

Use of alternative materials (adapted and unusual materials) in choreographic compositions of Gymnastics for All. Pedagogical exploration of material handling.

Venue: Ginásio – QC1

Workshop 6 – International Gymnastics for All events

Michele Viviane Carbinatto (Universidade de São Paulo/Confederação Brasileira de Ginástica - Brazil)

Theoretical training – Brazilian participation in international Gymnastics for All events: Brazil's journey since its first participation in international events and expectations for the future.

Venue: Centro de Convenções da Unicamp

Parallel Meeting: “University Teachers of Gymnastics”

This meeting will gather university teachers who teach Gymnastics and other stakeholders, with the purpose of socializing and discussing emerging topics, thus expanding discussions which have been started during the 7th International Forum of General Gymnastics (Sesc/SP, 2014), as well as in the 4th SIGARC (USP/SP, 2015).

Venue: Centro de Convenções da Unicamp

Parallel Meeting: “ISCA”

This meeting will gather ISCA member organizations (ISCA – International Sport and Culture Association), as well as people and organizations interested in learning more about the structure, scope, objectives, fields of operation and projects developed by ISCA all over the world. You can also learn more on how to join ISCA and participate in its projects in sports and physical activities.

Venue: Sala de aula 4/5 da Faculdade de Educação Física da Unicamp

12h – 13h30

Break

13h30 – 16h

Round Table: Gymnastics for All and diversity

Angela Wichmann, Ph.D. (Fresenius University of Applied Sciences - Germany)

Prof. Patrick Bonner (British Gymnastics - England)

Graciele Massoli Rodrigues, Ph.D. (Universidade São Judas Tadeu - Brazil)

Mediator: Marco Antonio Coelho Bortoleto (Universidade Estadual de Campinas - Brazil)

Venue: Centro de Convenções da Unicamp

14h - 16h

Mini Workshop 1 – Mini-trampoline in Gymnastics for All

Murilo Guarnieri Roveri (Gymnastics Research Group - FEF/Unicamp - Brazil)

Adaptations on the use of mini-trampoline in Gymnastics for All, starting with basic techniques, always focusing on safety. Creative and pedagogical use of minitrampoline as a strategy to be applied in different environments where gymnastics can be practiced (school, clubs, universities).

Venue: Ginásio - QC1

Mini Workshop 2 – Group acrobatics in Gymnastics for All

Tabata Larissa Almeida (Gymnastics Research Group - FEF/Unicamp - Brazil)

Group acrobatics: gymnastics practiced in groups, with dynamic and static moves (human pyramids and/or acrobatic poses), respecting individual potentials to develop a group composition and its application in Gymnastics for All.

Venue: Labfef – Sala de Lutas

Mini Workshop 3 – Gymnastics for 3-to-6-year olds

Renata Ruivo de Souza (Sesc Santos - Brazil) and Martha Frigene (Sesc Campinas - Brazil)

A Gymnastics for All based proposal developed at Sesc SP for the full development of children by playing and exploring key gymnastic elements appropriate for early childhood.

Venue: Labfex – GA

Mini Workshop 4 – Organizing Festivals

Tamiris Lima Patrício (Gymnastics Research Group - FEF/Unicamp - Brazil) and Fabiano Mastrodi (Sesc Campinas - Brazil)

Elements, steps and processes involved in the planning and organization of Gymnastics for All festivals; analysis of the key national and international GfA events.

Venue: Sala de aula 4/5 da Faculdade de Educação Física da Unicamp

16h15-17h

Chat with João Martins – Gymnastics for All in Portugal

Moderator: Eliana de Toledo, Ph.D. (Universidade Estadual de Campinas – Brazil)

Venue: Centro de Convenções da Unicamp

17h – 19h

Transfer from Unicamp to Sesc

19h – 20h

Break

SESC

20h – 21h30

University Festival

Gymnastics for All performances developed at Physical Education schools of universities, with the purpose of fostering the visibility and exchange of those who already work with GfA at the universities, as well as encouraging new groups to be formed.

Venue: Galpão Multiuso

21h30

End of activities

OCTOBER,15 – SATURDAY

SESC

09h -12h

Workshops

Workshop 7 – The step-by-step of Gymnastics: Gymnastics Fundamentals – beginner level

Flavio Bessi (University of Freiburg - Germany)

Foundational Gymnastics moves and positions. Pedagogical approach to develop basic Gymnastic elements (handstand, cartwheel, roundoff, and others). Recommended for beginners.

Venue: GMF

Workshop 8 – Pedagogical approach of Unicamp Gymnastics Group – GGU

Larissa Graner (Gymnastics Research Group - FEF/Unicamp - Brazil)

Basic elements of the pedagogical approach to the practice of Gymnastics for All that was developed by Unicamp Gymnastics Group - GGU, with the purpose of disseminating Gymnastics for All in the school environment. Possible applications of this practice in Physical Education classes will be addressed.

Venue: Sala Multiplo Uso 2.

Workshop 9 – Banquine

Andréi Parmezan (Akróbatas) and Vagner Oliveira (Brazil)

Learning and application of Banquine (Canastilha) to be used in Gymnastics for All. This is a circus technique and a mandatory element in Acrobatic Gymnastics. It involves launching people into the air and catching them.

Venue: Arena

Workshop 10 – Gymnastics for Intellectually challenged people

Patrick Bonner (British Gymnastics - England)

Gymnastics practiced by intellectually challenged people. It encompasses group acrobatics, apparatus handling and body moves. Suggested adaptations of the gymnastics practice environment, activity and exercises to effectively explore the needs of people with disabilities.

Venue: Ginásio

Workshop 11 – Choreographic composition in Gymnastics for All

Eliana de Toledo (Faculdade de Ciências Aplicadas/Unicamp e Gymnastics Research Group - FEF/Unicamp - Brazil)

Use of music and the stage, formations and transitions as building elements of choreographic compositions in Gymnastics for All.

Venue: Teatro

Workshop 12 – Large Group Gymnastics

Cláudia Bertolini (Gymnastics Research Group - FEF/Unicamp - Brazil)

Preparation of choreographies for Large Group gymnastics. This type of performance involves a large number of people, which can range from 50 to thousands of people, integration of groups, teaching and learning strategies, and rehearsals.

Venue: Galpão Multiuso

Workshop 13 – Gymnastics for All for the inclusion of people with disabilities

Graciele Massoli Rodrigues (Universidade São Judas Tadeu - Brazil)

Presentation and discussion of the possibilities of inclusion of people with disabilities who want to practice Gymnastics. Strategies on how work with people with disabilities, whether physical, visual, auditory or intellectual, which provide people with disabilities the possibility of routinely practicing gymnastics choreographic compositions.

Venue: Quadra Externa

12h – 14h

Tenda Livre and Break

14h-16h

Mini Workshop 5 – Airtrack

Tabata Larissa Almeida (Gymnastics Research Group - FEF/Unicamp - Brazil)

Various foundational concepts of Gymnastics and playful exercises using an Airtrack in Gymnastics for All will be addressed. An Airtrack is a long inflatable runway that allows people to try out jumps and tumbling exercises in a dynamic and challenging way.

Venue: Quadra Externa

Mini Workshop 6 – Gymnastics for All from 40 to 80 - it is never too late to practice! Joachim Alt (Bacharacher Oldtimer - Germany)

This workshop presents the experience of the Bacharacher Oldtimer Group in Germany. It is a group of male gymnasts, whose ages range from 40 to 80, who perform using basically a mini-trampoline and a plinth. It is one of the oldest gymnastics performing groups in Europe, which has performed in countless international festivals in many countries. In this workshop, pedagogical and technical aspects will be addressed, as well as strategies used to develop choreographies.

Venue: Ginásio

Mini Workshop 7 – Gymnastics for All for adults

Paulo Henrique Cavalcante (Sesc Belenzinho - Brazil) and Fabiana de Paula (Sesc Sorocaba - Brazil)

GfA Strategies developed by Sesc SP with adults – whose ages range from 16 to 59 – who were pursuing not only the values proposed by GfA, but also improvements in fitness and quality of life.

Venue: GMF

Mini Workshop 8 – Intergenerational Gymnastics for All

Juliana de Matos (Sesc Araraquara - Brazil) and Bruna Fulgêncio (Sesc Sorocaba - Brazil)

Experiences of GfA developed by Sesc SP involving children, teens, adults and elderly practitioners in the same environment to foster interaction among several age groups.

Venue: Galpão Multiuso

Mini Workshop 9 – Gymnastics for All for the Elderly

Karina Tilieri (Sesc Pompéia - Brazil) and Carla Pereira Silva (Sesc Belenzinho - Brazil)

Report and strategies of the elderly practicing GfA at Sesc SP. The process of building the group and empowerment of participants are crucial issues for this age group, in addition to opening new possibilities in movement.

Venue: Sala Corpo e Arte

Parallel Meeting: “Teachers of School Physical Education”

This meeting will gather School Physical Education teachers and other stakeholders, with the purpose of socializing and discussing topics related to the practice of GfA.

Venue: Sala Múltiplo Uso 2

Parallel Meeting: “Gymnastics Federations”

Fostering a discussion forum for people who work, directly or indirectly, in gymnastics federations to discuss the possibilities of GfA development in these organizations.

Venue: Sala de atividades 4 e 5

16h – 16h30

Break

16h30 – 18h30

Gymnastic Challenges

Elizabeth Paoliello and Cláudia Bertolini (Gymnastics Research Group - FEF/Unicamp - Brazil)

This is a new and exciting activity in the Forum agenda! All participants will meet in a fun activity of integration and cooperation. Let’s connect the differences, gathered in groups that will be challenged to conduct several gymnastics activities. Surprise! Everyone is invited to join us!

Venue: Ginásio

18h30 – 20h

Break

20h – 21h30

15-Year International Forum Festival

Gymnastics for All performances by groups that have often participated in the International Forum of General Gymnastics and therefore represent various editions of the festivals. They also show the diversity of GfA, with new trends and forms of expression.

Venue: Galpão Multiuso

21h30

End of activities

OCTOBER,16 – SUNDAY

SESC

09h30 - 11h30

Activities open to the public

Airtrack Experience

Air track is an inflatable runway (similar to a air mattress) for acrobatics that allows performing acrobatic tumbling elements and several dynamic and challenging moves in a fun way, like rolls, jumps, handstands and cartwheels, among others.

Venue: Quadra Externa

Material Building

This workshop allows you to fully unleash your creativity to build and explore toys traditionally used in Gymnastics using several easy-to-find materials. Limited availability. Take your ticket 30 minutes in advance at the venue.

Venue: Jardim do Galpão

Sports experience with Cia Circodança Suzie Bianchi

Venue: Galpão Multiuso

14h – 17h

Closing Festival

Gymnastics for All performances developed at clubs, gyms, schools, universities, and sports associations to encourage the practice of GfA and allow participants to meet and interact.

Venue: Galpão Multiuso